

**PRAYER:** God my protector, help me identify and minimize the dangers that keep me from a closer relationship with you. Thank you. Amen.

**ACTION:** Think of someone who has protected you recently and thank that person.



**GOBIN CHURCH**  
A United Methodist Community for All

**DAILY PRAYER MEDITATIONS**  
**June 13-18, 2022**

**Saturday, June 18, 2022** (by Lisa Trigg)

Matthew 9:27-34

<https://tinyurl.com/43k7at86>

**PONDER:** Desire is important in life. We know what we want, and we put energy into that goal, and along the way we should ask God for guidance. The Lord has desires for each of us. The faith of the blind men and their desire for healing brought them to Jesus. Have you asked Jesus to transform your desires to bring them into harmony with his own? We often have difficulty really hearing and accepting the blessings of God. Consider how aware or unaware we are of our own blindness and our own deafness.

**PRAYER:** Dear God, direct my efforts to be a blessing to others, showing them that I try to align my actions with your love for others.

**ACTION:** Use a marker to write words of blessings on a stone that you can give to someone to remind them they are loved by God.

**Monday, June 13, 2022** (by Marilyn Culler)

Ephesians 4:7-16

<https://tinyurl.com/4cmf5esf>

**PONDER:** We are equipped. For what? To grow into Christ! We grow in unity of faith and knowledge of God's Son. We grow and are built up in love. I have to believe that love can grow, and when love grows hope and kindness and compassion also grow. "And I think to myself, what a wonderful world!" (lyrics: Weiss/Thiele)

**PRAYER:** God, continue to grow me in your love. Amen.

**ACTION:** Take a moment to examine something wonderful growing nearby – a child, a plant, a tree, the growing daylight.

**Tuesday, June 14, 2022** (by Jamie Douglas)

Ephesians 5:15-20

<https://tinyurl.com/5fzdaaty>

**PONDER:** Paul's letter to the church at Ephesus uses images of light and dark, unwise and wise to paint a picture of the transformation that we have access to through our belief in Jesus as the Christ and the Holy Spirit as our guide. We need only to seek instruction from God on how to live through the gift of the Holy Spirit. We are encouraged to, "Sing and make music from your heart to the Lord" and to be filled with the Spirit of the most Holy One.

**PRAY:** Lord of Light and Wisdom, may we choose to walk in the light and live with wisdom that comes not from this world, but from you. Open our hearts and minds to your wisdom and guidance. Amen

**ACT:** Turn your face toward the light this week when you pray. Consider what it means to filled with the Holy Spirit and live in light. Take time to sing and make music from your heart to the Lord.

**Wednesday, June 15, 2022** (by Anita Edenfield)

Daniel 1:1-21 <https://tinyurl.com/zek7cc5d>

**PONDER:** When we promise to love and protect our children we also take on the responsibility to punish for wrong doing! Such was the case when God allowed the king of Babylon to conquer and gain control over Judah. When Daniel was taken to be trained for serving in the king's palace he was able to peacefully resist and remain faithful to his Jewish customs because he knew that, while it didn't *feel* like it, God hadn't deserted them and was still in control behind the scenes. When our faith is tested we need to remember that God is still in control.

**PRAYER:** Lord, when we are stressed we don't always remain clear-headed enough to remember that, no matter what, You are, and will always be, the one in control. Help us to surrender to your love and power especially when we think we are alone and need to take back the control we never really lost to begin with! Amen.

**ACTION:** Get a pad of sticky notes from the desk drawer. Make positive affirmations and put them up all over the place where you'll see them continually throughout the day. Print on them: "I've got your back, (insert your name!)." Say, "Thanks, Lord!" every time you see a sticky note!

**Thursday, June 16, 2022** (by Teddy Shuck)

Psalm 22 <https://tinyurl.com/3twdnxm6>

**PONDER:** *The Lectio Divina Prayer Bible* indicates that this is the prayer of one whose relentless suffering is expressed in graphic terms. Still, the speaker anticipates God's answer is a remarkable act of thanksgiving, not being content to offer thanksgiving privately, but inviting the whole community to join in praise. The speaker calls upon "every part of the earth" and "all who are descending to the dust," and even those yet unborn to join in adoration. Jesus recites the opening words from the cross, and there is much in the psalm to reflect upon the light of Christ's passion.

**PRAYER:** My God, I place all my fears and temptations before you. Please hear me so that I may proclaim to others your goodness. Amen.

**ACT:** Share your appreciation for all that you are given with as many as is possible.

**Friday, June 17, 2022** (by Terry Noble)

Psalm 22:19-28 <https://tinyurl.com/bdcs8vrh>

**PONDER:** In Psalm 22, the writer gives us quite a list of terrible fates and asks for God's protection. As people living in the 21st century, we may not identify with being delivered from the sword, the dog, the lion, and the wild ox. For the ancient Israelites these were very real dangers. What are the things we fear and long to be delivered from by God's grace? Could the sword be the sharp tongue of someone whose words wound us? Is the dog the feeling of powerlessness we have when we come up against the forces of evil in our society? Could the lion be the frantic pace many of us keep which eats away time with family, friends, and God? What is the wild ox in your life? A situation where you feel the sharp horns of unreasonable expectations or of manipulation? If you were writing this psalm what would you cry out to God?