



GOBIN CHURCH
A United Methodist Community for All

ACTION

Seek out someone who seems fearful about the chaos of the world, and offer them assurance and hope.

Saturday, August 1, 2020

Matthew 7:7-11 <https://tinyurl.com/y5k97rpj>

PONDER

God co-creates with us. We have to ask and seek on our side of the veil. When we are silent and complacent, accepting the status quo, God is still with us. When we seek to live in the light of his Holy Presence, we allow the Kingdom of God to break in and work with us in our seeking. When we ask, we have to trust God's work in the situation. We may not get the answer we asked for, but we WILL get an answer.

PRAYER

God of my life, help me seek you and in every situation as I walk through my day. Thank you. Amen.

ACTION

Give a gift to a child, with the intent that you are God's messenger.

DAILY PRAYER MEDITATIONS

July 27-August 1, 2020

Monday, July 27, 2020

James 3:13-18 <https://tinyurl.com/y6yg6739>

PONDER

I wonder, what seeds do I sow each day? It's been a while since we've been able to greet one another to say "The peace of Christ be with you," and hear the response "And also with you." The world needs people who can make peace – disciples of Christ, leaders, everyday people who embody kindness, compassion and love. When actions do not come from a place of humility and love, hardened hearts elude peace and invite evil to take hold. When we act in peace, justice can grow. "God will delight, when we are creators or justice, justice and joy." ("A Place at the Table," Worship & Song)

PRAYER

Holy God, create opportunities for me to sow seeds of love in all I do and say. Help me be a creator of justice and joy this day. Thank you. Amen.

ACTION

Send a note of peace to someone going through a rough time.

Tuesday, July 28, 2020

Psalm 65:8-13 <https://tinyurl.com/y5sgq66p>

PONDER

Nature is a frequent partner to those who penned the book of Psalms and other Bible scriptures. We are in relationship with all creation. The fate of the world, the fate of the planet is woven into our fate, into our future and our hope. All that God has made relies on us—not just

us, but our better selves, our true selves. We are called to treat our world as if it were a part of God, and a part of us. God hopes we are good stewards, putting on Christ as we care for the planet.

PRAYER

Holy Creator God, thank you for the beauty of this day and for Mother Earth. From the first light of morning until I rest at night, I praise you for the joy of sunrise and birdsong, trees and streams and abundance of delights. Thank you. Amen.

ACTION

Go for a walk or sit outside and pay attention to the stones, the plants, the sounds and the light surrounding you. Praise God for the beauty of all that surrounds you.

Wednesday, July 29, 2020

Mark 4:30-34 <https://tinyurl.com/y37p7s55>

PONDER

The first charm my mother got for her new charm bracelet was a mustard seed encased in a glass bead. I remember realizing the significance of the charm the first time I heard this parable. Looking back, I see just how strong my mother's faith was throughout her life. I think of this charm and my mother when I use her recipes to make bread-and-butter pickles or corn relish. The last time I made corn relish, I spilled a container of mustard seeds in my kitchen. Never underestimate the traveling power of a small mustard seed! Even though I spilled them in the kitchen, I still find them, years later, in every first floor room of my house. I find one at the strangest times, laugh, and think of my mother. I expect some mustard seeds will remain in my house as long as it stands. Never underestimate God's power to spread from small beginnings and actions.

PRAYER

Holy God, take my small life and grow me in grand ways to spread your Kingdom on this earth. Thank you. Amen.

ACTION

Look for the ways God's kingdom breaks into your daily life.

Thursday, July 30, 2020

Psalms 17:1-7, 15 <https://tinyurl.com/yxz8pbg2>

PONDER

Petition turns to praise in this prayer of David. It's easy to keep asking God for help and forget to praise and give thanks. There's no right or wrong way to pray and praise. When every moment of our lives is lived out as prayer, God is able to do amazing things through us. Our lives won't always be easy. We'll have struggles. The greatness of God is that God can take any struggle and turn it into something miraculous. Release your burdens to God, trust God's faithfulness and give thanks.

PRAYER

Loving God, from morning to night you know my struggles and my love for you. As I set your image before me on the day's path, guide my footsteps. May all I do and say glorify you. Thank you. Amen.

ACTION

Examine what you see when you awake each morning. Bring God into focus as you rise.

Friday, July 31, 2020

Isaiah 41:8-10 <https://tinyurl.com/y6lug77p>

PONDER

"Don't fear, because I am with you." What a wonderful promise! God's promise is to strengthen us before we get to the point of fear. Fear isn't necessarily a bad thing when it helps us with self-preservation in the presence of danger. Fear can also paralyze us and keep us from growing into the fullness God desires for our lives. When God calls, we cannot say "no." It's not easy to get up in front of a congregation and deliver the message or a prayer, but I don't have fear because I know the words are from God and a place of deep trust.

PRAYER

Loving God, hold me close. Guide me as I walk in your help and protection. Thank you.
Amen