

Week 2: Questions for Discussion and Thought

Dr. Farley says that we have the capacity to hold both the beauty and the suffering of life together. The Holy Spirit invites us to sit with both at once. What is an example in your life of experiencing beauty in the midst of suffering?

Dr. Wendy Farley speaks of “forgetfulness” as a way that people feel distant from God. We forget who God is and how we are beloved by our Creator. What mental habits have you perhaps developed that are in conflict with the belief that you are beloved? What practices could help you keep new affirmations in front of you daily?

What has helped you in the past to remember your belovedness? Can you imagine now a time when you have been loved and expand that into an awareness that God’s love for you is multiple times more vast than even that experience?
