

## Week 1: Questions for Discussion and Thought

Can you imagine God as one who is “in love with the world,” and “beguiled by beauty?” What happens when we begin to see not with our eyes, but “with our spirits?”

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Do you need practices that can help sustain you? How do you already have practices of “contemplation” as it was described by Dr. Farley? How might you be reminded to “micro-moments of deep noticing?”

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How have you understood compassion and what new insights does Dr. Farley offer you about cultivating more compassion in your life?

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